WESTON FAVELL ACADEMY NEWSLETTER

WWW WESTONFAVELLACADEMY ORG



Friday 7th February 2025



Respect at the heart of everything we do

Dear Families,

At Weston Favell Academy, we believe that respect is one of the most important values a person can have. It forms the foundation of a positive learning environment, strengthens relationships, and helps our community thrive.

Respect means treating others with kindness, listening to different viewpoints, and valuing each person for who they are. It is about using good manners, being considerate of others feelings, and understanding that our words and actions have an impact. By showing respect to visitors, classmates, all adults in the building, and ourselves, we create an environment where everyone feels safe, valued, and included.

We encourage all pupils to practice respect every day, whether in the classroom, social spaces, or at home. Simple acts like saying please and thank you, waiting for our turn to speak, and taking care of our environment make a big difference. Respect also extends to our online interactions, where we must remember to be kind and thoughtful in what we say and share.

At Weston Favell Academy, we are committed to fostering a culture of respect, and we ask for your support in reinforcing this message at home. When children see respect in action through the way we speak to one another and how we handle disagreements, they learn to model these behaviours in their own lives.

By working together, we can ensure that Weston Favell Academy remains a place where respect is at the heart of everything we do. Thank you for your ongoing support in making our Academy a welcoming and respectful place for all.

Mr K. Buby

Weston Favell Academy Booth Lane South Northampton NN3 3EZ Telephone: 01604 402121



Weston Favell Academy



@WestonFavelIGAT



Newsletter Highlights

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Term Dates

<u>Click here</u> to view term dates for 2025-2026

Wonder why we use ClassCharts?

Click here to read the PDF

Term ends on Friday 14 February

Parent Forums

Our new forums will provide opportunities for Academy staff, parents/carers and the community to come together to share what we do, and support your child.

Future dates for the diary...

27th February 2025 - Homework 1st May 2025 - topic TBC 3rd July 2025 - topic TBC



As a Pupil Leader, you will be the voice for yourself and your peers to have a say in how our school operates from your perspective. We are re-launching the roles below; follow the QR codes below to submit your application. Remember, we are re-starting leadership, so do not assume you are already an ambassador; everyone needs to apply again (excluding Form Ambassadors). We are looking for those willing to give up time for meetings and events, and those who are confident speaking in front of peers and staff.

To learn more about each position, <u>click here</u> to read the Pupil Leadership presentation, or speak to Mrs Richards in A5 - <u>erichards@westonfavellacademy.org</u>











Peer Mentor



Eco Ambassador



Future Leaders



'A SMALL SIXTH FORM COMMUNITY,

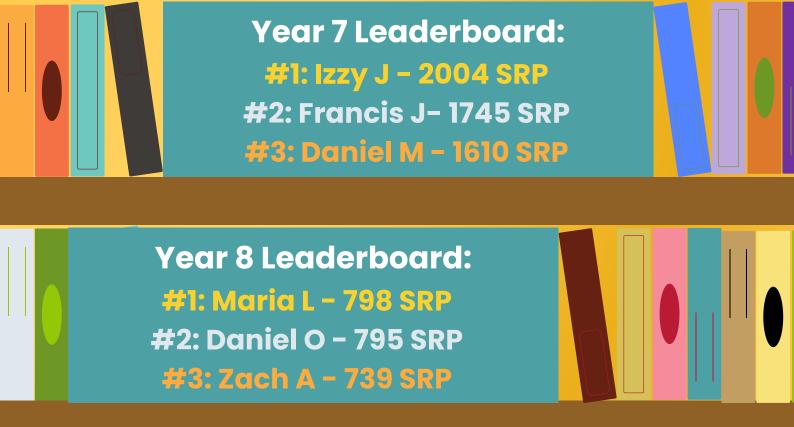
A BIG IMPACT ON YOUR FUTURE.'

THE MAIN ROUND OF UCAS APPLICATIONS CLOSED ON 29TH JANUARY AND OVER 87% OF OUR YEAR 13 STUDENTS HAVE CONFIDENTLY MADE THEIR APPLICATIONS.

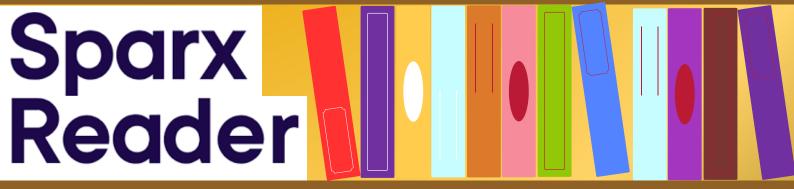
THE SHARP FOCUS ON RESEARCH AND INDIVIDUAL GUIDANCE HAS SEEN THEM APPLY TO UNIVERSITIES FROM INVERNESS TO PORTSMOUTH AND FROM NORWICH TO BANGOR - THAT'S EXCITING AND INSPIRING!

However, our focus on positive futures doesn't stop there; we're now looking at excellent opportunities for students to continue education at a higher level through Higher and Degree Apprenticeships. More news next week!

MRS MANN, SIXTH FORM DIRECTOR













THE PE DEPARTMENT HAVE
STARTED A NEW ENRICHMENT
PROGRAMME CALLED FLAG
FOOTBALL, A FORM OF AMERICAN
FOOTBALL BASED ON THE NFL'S
OFFICIAL PROGRAMME.

THIS WILL BE OPEN TO ALL PUPILS, REGARDLESS OF GENDER, EVERY TUESDAY AFTER SCHOOL.

THERE IS A REGIONAL TOURNAMENT
TAKING PLACE ON 4TH OF APRIL
WHICH WOULD GIVE OUR PUPILS AN
OPPORTUNITY TO GO ON TO PLAY IN A
FLAG FOOTBALL TOURNAMENT IN
THE USA!



Continuing from their first session last month, our Sixth Form students at Nlive Radio are continuing to be superstars each week at their traineeship!

They are developing content for their weekly show, which is seeing their oracy and presenting skills. The topic of this week's session was 'What makes a good presenter?', covering techniques such as changing physicality to change the sound and strength of their voice.

To keep up with what our students are doing, you can catch them live each week on Sunday at 9am, or listen back by clicking here!

This week, students will have the opportunity to visit the UON campus and gain insight on what media related courses are available by meeting subject leaders in various specialist areas.



The Excellence Club at Weston Favell Academy is designed to support high-achieving pupils in their quest to achieve academic excellence.

The club normally focuses on pupils who are targeted to achieve 8s, 9s and Distinctions in their GCSE and vocational qualifications. We not only focus on academic achievement but also personal, social and professional skills to ensure that these talented pupils can reach their full potential and prepare for the future challenges that come with higher education and beyond.

Key benefits of Year 11 Excellence Club:

- ★ We ensure that pupils who excel are recognised through awards, certificates and public acknowledgement at school events.
- The programme aims to help pupils to develop integrity, a good work ethic, and persevering mindset, all of which are crucial to success beyond school walls.
- ★ This can also be a great addition to a pupil's CV or post-16 application as it demonstrates their commitment to personal growth and pride in achievement.

Avoid perfectionism!

You can certainly try, but unfortunately nobody can know everything. Often, the pursuit of trying to squeeze out every drop of content can apply pressure and hold you back. By all means, study hard, but be careful not to stress yourself out!

Sleep tight!

We know how easy it is to disregard or even manage to sleep in the face of an exam tsunami, but let the waves calm a bit and get plenty of rest. It might be tempting to pull some all-nighters to cram in your last topics, but research suggests that exam success is directly linked to good sleep practices. Besides, it's a great excuse for another hour in bed!

Give it a rest!

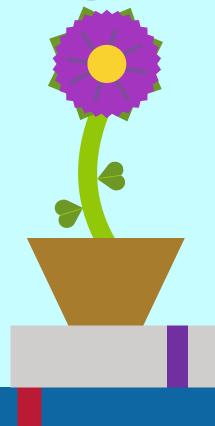
The brain is your key to success and it has its limits, no matter who you are.
Regular breaks are key for maintaining stress and retaining information, and spend them doing whatever you like.
Consider using the Pomodoro

Technique

...And don't you forget it!

Study schedules or revision timetables are a fantastic way to manage your time and ensure you don't neglect your subjects. You can allocate more time to subjects you're less confident on, scheduling easier topics inbetween for a breath of fresh air. Whatever works for you, do it!

Revision Guidance



You know what they say...

...the way to a full mark is through your stomach, or something like that.

Anyway, eating healthily and regularly is crucial to fuelling your brain for revision, and has a direct correlation to information retention. Plenty of water won't hurt either!

Keep it moving!

Keeping active during exam season is probably the most overlooked strategy. Mix it in with your much needed social time, go out for a kickabout with your mates or take a walk up and down the block. Locking yourself away in your room is bound to demotivate you eventually, clear your head with some fresh air!

Year 11 and 13 PPE Week 1 Timetables

Y11 PPEs	Monday 10.02.2025	Tuesday 11.02.2025	Wednesday 12.02.2025	Thursday 13.02.2025	Friday 14.02.2025
08:00	Sign in and exam breakfast	Sign in and exam breakfast	Sign in and exam breakfast	Sign in and exam breakfast	Sign in and exam breakfast
08:40 exam prep Staffing	BOL-Higher Resaturant, RBO- Foundation Main Hall, DAY- LRC Small rooms	CMC- Main Hall RHA/CST Small rooms LRC	JBA - Triple Restaurant , CME- Higher E8 , ICR Foundation Main Hall	BOL-Higher Resaturant, RBO- Foundation Main Hall, DAY- LRC Small rooms	JBA - Triple Restaurant , CME- Higher E8 , ICR Foundation Main Hall
start time	9am	9am	9am	9am	9am
1	Maths Paper 1 & 4 (295 & 6th form	English Lit Paper 2 (295) 135 mins	Biology Paper 2 (Trilogy & Triple, H	Maths Paper 2 & 5 (295 & 6th form	Chemistry Paper 2 (Tril & Tiple, H &
2	resits) 90 mins	English Lit Paper 2 (295) 135 mins	& F) (295) 75 or 105 mins	resits) 90 mins	F) (295) 75 or 105 mins
BREAK					
3	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
4	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
LUNCH					
exam prep &	MMU/CWH Main hall	TBA- Main Hall	ACA- Main Hall	JAF Main Hall	VCO- Main Hall
start time	13:15	13:15	13:15	13:15	13:15
13.35-14.10 Tutor	Geography Paper 1 (146) 90 mins	IT Exam- R050 (30) 90 mins	Business Enterprise Exam - R067 (90) 75 mins	History Paper 3 Germany (135) 60 mins Year 10 Science Triple Chemisty Paper 1 (31) 105 mins	French Reading & Listening H & F (24) 80 or 105 mins
5		Year 10 Science Triple Biology Paper 1 (31) 105 mins			

Y13 PPE's	Monday 10.02.2025	Tuesday 11.02.2025	Wednesday 12.02.2025	Thursday 13.02.2025	Friday 14.02.2025
Exam Start Time	9am	9am	9am	9am	9am
1	English Lit Paper 1 (6) 180 mins English Lit AS Paper 1 (1) 90 mins Chemistry Paper 2 (10) 135 mins			History Paper 1 Tudors (8) 150 mins Maths Pure 1 (11) 120 mins Sociology Paper 1 (10) 120 mins	Biology Paper 2 (11) 135 mins Criminology Unit 2 (13) 90 mins
2					
BREAK (10:40 - 11:00)					
3	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
4		Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
BREAK (13:00 - 14.10)	Lunch & Seminars				
Exam Start Time				13:15	
5	Normal Lessons	Normal Lessons	Normal Lessons	Psychology Paper 2 (22) 120 mins	Normal Lessons

Year 11 and 13 PPE Week 2 Timetables

Y11 PPEs	M	T	W-1126 02 2025	Th	Friday 28.02.2025
III PPES	Monday 24.02.2025	Tuesday 25.02.2025	Wednesday 26.02.2025	Thursday 27.02.2025	Friday 28.02.2025
08:00	Sign in and exam breakfast	Sign in and exam breakfast	Sign in and exam breakfast	Sign in and exam breakfast	Sign in and exam breakfast
08:40 exam prep Staffing	CMC- Main Hall RHA/CST Small rooms LRC	JAF- Main Hall	BOL-Higher Resaturant, RBO- Foundation Main Hall, DAY- LRC Small rooms	JBA - Triple Restaurant , CME- Higher E8 , ICR Foundation Main Hall	BOL-Higher Resaturant, RBO- Foundation Main Hall, DAY- LRO Small rooms
Exam start time	9am	9am	9am	9am	9am
1	English Lang Paper 1 (295 & 6th form resits) 105 mins	History Paper 2 Superpower & Anglo	Maths Paper 3 & 6 (295& 6th form	Physics Paper 1 (Tril & Tiple, H & F) (295) 75 or 105 mins	Statistics Paper 2 (295) 90 mins
2		Saxons (135) 110 mins	resits) 90 mins		
BREAK					
3	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
4	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
LUNCH					
exam prep &	MMU/CWH Main Hall	MMU/CWH Main Hall	LTI- Main Hall	TBA-Main Hall Imedia VCO LRC french	MPH- Main Hall
Exam start time	13:15	13:15	13:15	13:15	13:15
13.35-14.10	Geogrphay Paper 3 (146) 60 mins	Geogrphay Paper 2 (146) 90 mins Year 10 Science Triple Physics Paper	Child Dev Evam - R057 (45) 75 mins	French Writing H&F (24) 65 or 75 mins Imedia Exam - R093 (30) 90 mins	Sport Exam - R180 (50) 60 mins Further Maths Paper 2 (13) 105 min
5		1 (31) 105 mins			

Y13 PPE's	Monday 24.02.2025	Tuesday 25.02.2025	Wednesday 26.02.2025	Thursday 27.02.2025	Friday 28.02.2025
Exam Start Time	9am	9am	9am	9am	9am
1	English Lit Paper 2 (6) 150 mins English Lit AS Paper 2 (1) 90 mins	Normal Lecenne	English Lang Paper 2 (6) 150 mins	Sociology Paper 3 (10) 120 mins Maths Stats & Mechs (11) 120 mins	Criminology Unit 4 (20) 90 mins
2			Physics Paper 2 (4) 135 mins		
REAK (10:40 - 11:00)					
3	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
4		Normal Lessons	Normal Lessons	Normal Lessons	Normal Lessons
REAK (13:00 - 14.10)	Lunch & Seminars				
Exam Start Time		13:15			
5	Normal Lessons	History Germany (8) 150 mins Sociology Paper 2 (10) 120 mins Maths Pure 2 (11) 120 mins	Normal Lessons	Normal Lessons	Normal Lessons



DO YOU EVER FEEL TRAPPED?

WHAT DO YOU FEEL TRAPPED BY?

DO YOU WISH YOU HAD A WAY TO ESCAPE?

WHERE WOULD YOU ESCAPE TO?

THESE ARE THE QUESTIONS WE WANT YOU TO ANSWER IN THIS POETRY COMPETITION. RAN BY YOUNG WRITERS, AN ORGANISATION RENOWNED FOR ASSISTING AND INSPIRING YOUNG WRITERS, THIS COMPETITION WILL GIVE YOU THE OPPORTUNITY TO SPEAK YOUR TRUTH

TO FIND OUT MORE, INCLUDING THE PRIZES UP FOR GRABS, CLICK HERE.



KS3 KS4 **Monday**

Lunch

Boardgames – LRC

After School

- Choir PA2
- Year 9 Boys Football –Astro
- Prowess PA5
- Dance GYM
- Homework/Games Library
- Year 7 Football Astro

Lunch

· Boardgames - LRC

After School

- Choir PA2
- Business IT3
- Drama PA4
- Prowess PA5
- Dance GYM
- Homework/Games Library
- Marketing and Enterprise Yr 10 IT4

KS3

Tuesday

KS4

Lunch

Boardgames - LRC

After School

- · Art Club D1
- Debating A7
- · Basketball Sports Hall
- · STEM-E4
- · Girls Football Astro
- · Homework/Games Library
- Reading Club Yr 7 A2
- Drama PA4

Lunch

Before School

Triple Science Yr 10/11 – D5

Lunch

Boardgames – LRC

After School

- · Art Club D1
- · Debating A7
- IT (Yr 10) IT4
- Football (Boys) Yr11 Astro
- · Football (Girls) Astro
- · STEM-E4
- · Homework/Games Library
- French Speaking (Y11)-A17
- · Drama PA4

Wednesday KS4 KS3

Lunch

- Boardgames LRC
- Keyboards PA1

After School

- Dungeons and Dragons Library
- · Homework/Games Library

Before School

Triple Science Yr 10/11 – D5

Lunch

· Boardgames - LRC

After School

- · Dungeons and Dragons Library
- · Homework/Games Library

KS3

Boardgames – LRC

After School

· Reading (Yr9) - A4

Murder Mystery - Yr 8

Trampolining - Gym

· Journalism - A9

· Eco Club - A19

Movie Club – A18

· Football Yr 8 (Boys) - Astro

Homework/Games/chess – Library

• Spanish - A14

Thursday KS4

Before School

• Triple Science Yr 10/11 - D5

Lunch

Boardgames – LRC

- After School
- · Journalism A9 Football Yr10 (Boys) - Astro
- Trampolining Gym
- · Homework/Games/chess Library
- · A-Level Chemistry Y13 D5
- French Speaking Y11 A17
- · Eco Club A19

SCAN THE QR CODE TO VISIT THE 'Academy Clubs and Enrichment' **SECTION ON OUR WEBSITE**



KS3

Friday

KS4

Lunch

Boardgames - LRC

After School

- · Homework/Games Library
- Creative Writing A5
- Homework Catch up B10

Lunch

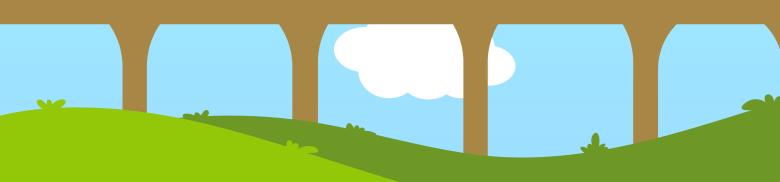
Boardgames – LRC

After School

- · Homework/Games Library
- Creative Writing A5
- · Homework Catch up B10







Year Group	Topic	Theme this term	
7	Being Positive	Friendship, Respect and Relationships	
8	Ableism and Disability Awareness	LGBTQ+ explored	
9	Contraception Explored Further	Contraception and STIs	
10	Individual Liberty	Exploring British values	
11	Social Media vs Real Life	Your future and beyond	
12	Researching Post-18 Options	Critical Thinking Skills	
Budgeting and Eating - 13 Independent Living Skills		Post-18 Options	



This Week: Emotional Literacy

The focus this week is supporting young people to recognise and regulate emotions. As young people grow up, they're inevitably exposed to new and challenging feelings - whether it's sadness, fear, or rage.

These emotions can be tough to handle when they're still learning about the world - which is why emotional literacy in a vital life skill. Of course, when emotions are running high, it can be tricky to help young people process these feelings.

Regardless, as educators and parents, it is incredibly important that we help them do so in a healthy manner. The guide below provides expert tips on teaching children to recognise their own emotions and manage them in a mature manner.

10 Top Tips for Parents and Educators SUPPORTING CHILDREN TO DEVELOP EMOTIONAL

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and

MODEL EMOTIONAL EXPRESSION

sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.

MINDFULNESS

Teach children mindfulness practices to help them stay present and manage their emotion during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life

USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in

PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.

ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.

TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience

CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with

USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their

CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them

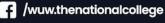
Meet Our Expert

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



National College











Get support!

Young Carers Support



We are delighted to announce that we will be relaunching the support programme for young carers within Weston Favell Academy.

We will be working closely with Northampton Young Carers Service (NYCS) in assuring that our pupils are supported both at the Academy and at home.

If you believe that your child or a child within your family who is a pupil at the Academy is a young carer, please scan the QR code for more information.

Roofer

Job of the Week



This section is designed to help you with finding careers.

Over the course of these newsletters we have been going from A-Z with different jobs to give you inspiration and help you find something to aspire to.

Scan the QR Code

Stars Of The Week

Year 7-Eriayo A

Year 8 - Chihurumnanya N

Year 9 - Elysia B

Year 10 - Eric B

Year 11 - Erica 8-J

Sixth Form - Dylan B

Congratulations!

All 'Stans of the Week' are entered into our termly prize draw - the winner will receive a £25 voucher.

For your diary

Parent Forum
Thursday 27th February

Year 11 and Year 13 Individual and Group Photos
Monday 3rd March

Year 10 Parents' Evening
Thursday 13th March

Year 11 Steps to Success 2 Evening
Thursday 27th March

Year 7 Parents' Evening
Thursday 3rd April



Don't forget to spend your ClassCharts points!

Key Contacts

Safeguarding Team

Use the QR Code to meet the Safeguarding Team.



Contacting the Academy

Academy reception is open from 8:00am - 4:00pm

Tel: 01604 402121

admin@westonfavellacademy.org



Working together

Key Contacts

Year 7 Team

Mrs A Carpenter
Miss C Novakovic

Year 8 Team

Mr C Harrison Miss H Coyne

Year 9 Team

Mrs S Edwards Ms A Moran

Year 10 Team

Miss S Kyle Mrs N High

Year 11 Team

Mrs C Fleming
Mrs K McNee

Sixth Form Team

Mrs L Mann Mrs P Souster Mrs B Whelan

We are here to help



Weekly Prize Draw.

Every week, pupils who achieve 100% attendance can win a £25 voucher.



One pupil from each year group will be selected at random from now until the end of July.

Attendance Matters!

Evidence tells us that high attendance correlates to strong academic performance.

Simply put - pupils that are in the Academy every day will achieve better than those who are not.

Those who miss less than 1% of their learning time in Y10/11 make 3.5 times more progress by the end of KS4.

High attendance also:

Increases engagement
Improves social and emotional
wellbeing
Reduces gaps for disadvantaged groups
Increases chances of future career
success.

This week's winners were...

Year 7 - Nicole C

Year 8 - Steven M

Year 9 - Ridhwan A

Year 10 - Daniel W

Year 11 - Ava S

Sixth Form - Ruby W

Congratulations!

RAISING STANDARDS - TRANSFORMING LIVES