

WESTON FAVELL ACADEMY NEWSLETTER

WWW.WESTONFAVELLACADEMY.ORG



Friday 22nd November 2024



Let's round off another jam-packed week at WFA with our weekly newsletter; featuring special guests, team building activities, drama performances, and much more!

Our Year 11 pupils have finished their PPE exams and we couldn't be more proud of how well they navigated such a stressful time in their lives. Every day that goes by takes us a step closer to the real thing; let's keep pushing forward together and ace these exams!

**Weston Favell Academy
Booth Lane South
Northampton
NN3 3EZ
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P	Perseverance
R	Respect
I	Inclusivity
D	Determination
E	Excellence

Newsletter highlights

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Year 13 PPEs

w/c 25th November 2024

We are now a nut free school

Please go to our Academy website for more information

Reminders

Training Day

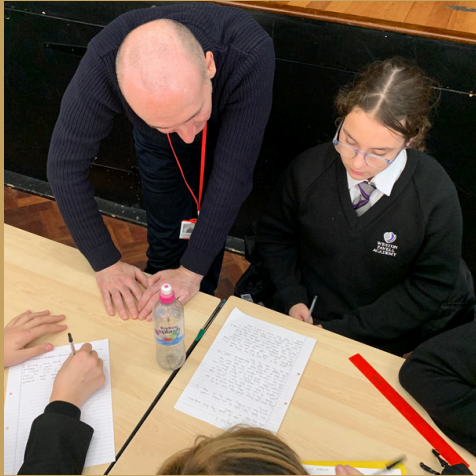
Friday 29th November 2024
 Academy closed to pupils

Term Dates

Monday 4th November 2024 -
 Friday 20th December 2024

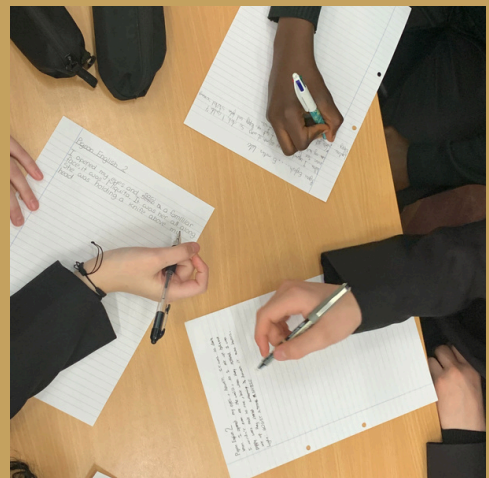


Stephen Kelman Visit



On Wednesday, we were lucky to have Stephen Kelman, award winning and internationally renowned author of Pigeon English, visit WFA! Our Year 9 pupils have been studying the book in their English lessons and were very excited to meet him, they had many questions to ask, which he was happy to answer in an hour long Q&A session. He also emphasised the importance of harnessing creativity, encouraging pupils to find their own individual modes to express themselves.

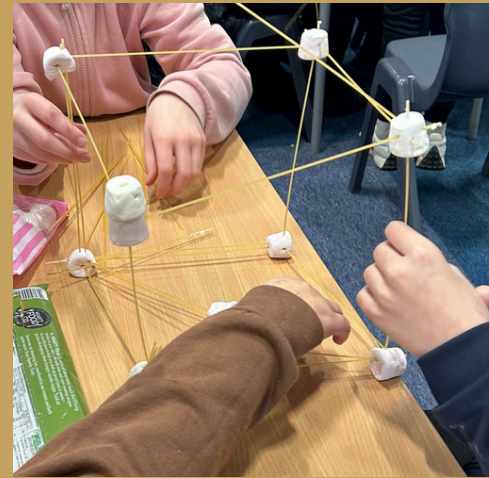
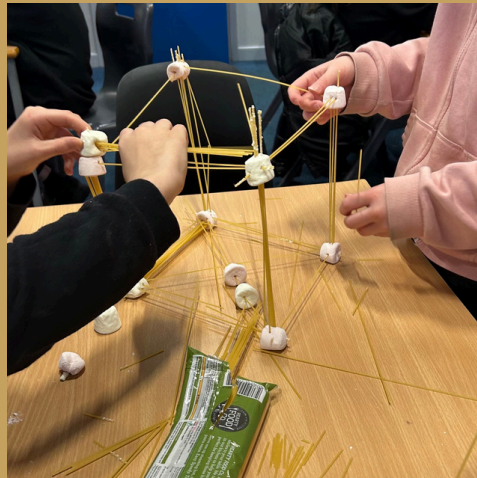
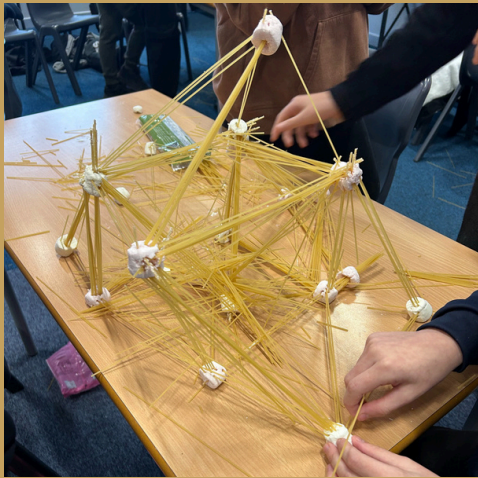
Later in his visit, he ran two creative writing courses for our pupils and they loved getting stuck in and creating their own sequels to Pigeon English. These sessions will go a long way to inspire the future authors among our pupils and we are grateful to Mr Kelman for taking the time to visit!



RAISING STANDARDS – TRANSFORMING LIVES



Team building Day



Some of our Year 7 pupils were given the opportunity to work on their team building skills. Pupils from our transition groups started the day with icebreakers, tasks designed to encourage teamwork and the ability to work with others. Then began a series of group tasks; pupils were placed in small teams and completed a logic puzzle, spaghetti towers and a task called extraction!

Pupils had to use effective communication to be successful. In addition, they had to show their resilience when things got tough! The final activity was the team skis - a blend of communication, coordination and leadership. The finale, an assault course will be completed next week as the snow prevented this from taking place. With thanks to Mr Collier, a team of TAs and Mr Beeby who led the day.

Well done everyone.





Year 11 PPEs



Well done to Year 11 who have completed 2 weeks of PPEs. We all appreciate that this can be an exhausting time for pupils and they have approached their PPEs with maturity and resilience.

As this important journey continues for our GCSE pupils, I just wanted to provide a few brief reminders about the many different ways that there are to revise. The best place to complete the initial learning about any topic is within the classroom, with the support of peers and the teacher. It is very important that pupils clarify any areas of the curriculum that they are unsure about before they leave the lesson. Asking questions and answering questions both in a written format and verbally are a great way for pupils to organise their thoughts.

Working with friends to ask each other questions from flash cards helps pupils to understand the topic in the first instance. A person needs to be able to understand the topic first to explain it to others. This applies to cooking, sport or learning a musical instrument.

There are various revision platforms that pupils can use such as BBC Bite Size, Mathswatch or, SENECA for instance along with YouTube.

Every pupil needs to experiment with the different strategies that work for them. This is only the start of the journey.

Mrs Fleming



Year 11 Drama Exam



Our Year 11 pupils completed a section of Component 2 last Wednesday evening as part of their Drama mocks. Nine groups each gave a fantastic rendition of an extract of Metamorphosis, using the style of the practitioner, Brecht.

All groups performed to a high level and we are very happy with their progress on the run up to their exams next year. They worked exceptionally hard and the audience loved it!



Drug Awareness Performance



Following on from the success of our live performances in Autumn 2023, we are excited to continue working in partnership with NGAGE, Northamptonshire's Young People's Service, to bring another live performance to schools this Autumn 2024. The actors visited from Northampton College.

"Wasted" tells the story of 15-year-old Charlotte as her relationship with drugs and alcohol spirals out of control. The story has been updated and revised to include information on triggers, stages of use and the cycle of change as well as highlighting the effects of using alcohol and other drugs on your mental health, signposting where students should go to get help and advice. The drama includes an introduction and post-show Q&A facilitated by NGAGE Drugs Workers.



RAISING STANDARDS – TRANSFORMING LIVES

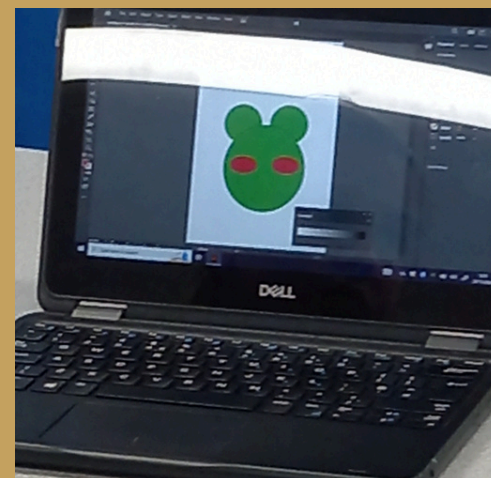
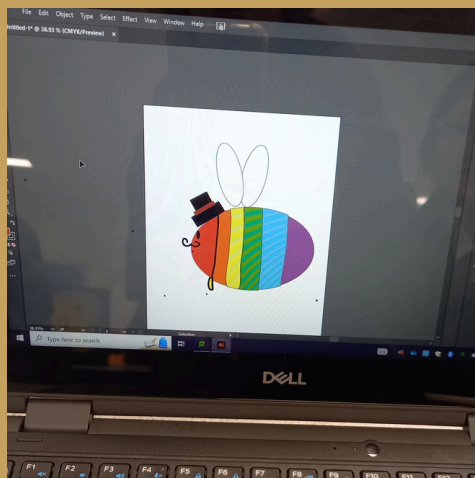
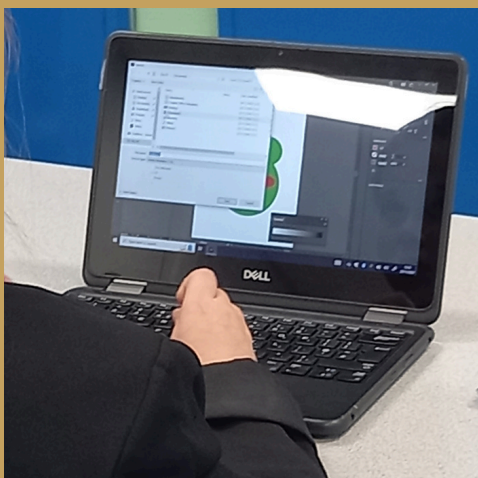


Design and Technology



This week in the Design & Technology Department, Mrs Dula delivered our Year 7s a very creative and fun lesson in making salt dough! This involved kneading, colouring and cutting into shapes.

Also in the Design & Technology department, Year 7s learned how to create drawings and shapes on Illustrator. This is a very important stepping stone in developing CAD skills and our pupils loved the session!



RAISING STANDARDS – TRANSFORMING LIVES

PSHE @ WFA

During our next PSHE lesson,
we will be learning about:

Year	Theme
7	Breaking down stereotypes
8	What is love?
9	Bullying in all its forms
10	Rights and Responsibilities
11	Importance of sexual health

The themes for PSHE
this term are:

Year	Theme
7	Celebrating Diversity
8	Relationship & Sex Education
9	Health & Wellbeing
10	Life Beyond School
11	Relationship & Sex Education



RAISING STANDARDS – TRANSFORMING LIVES

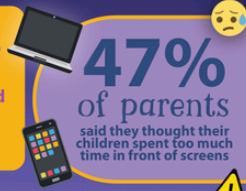
WAKE-UP WEDNESDAY!

This week the focus of Wake Up Wednesday is the ever increasing issue of screen time.

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech-related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?



What parents need to know about SCREEN ADDICTION



HEALTH & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions.

LACK OF SLEEP

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

LOSS OF INTEREST IN OTHER THINGS

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.



CONFIDENCE, SUPPORT & ADVICE

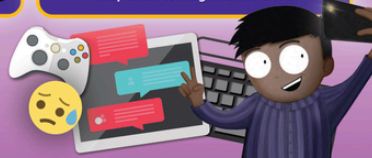
The Children's Commissioner report 'Life in Likes' explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

APPS CAN BE ADDICTIVE

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.



Top Tips for Parents



LIMIT SCREEN TIME

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their devices, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device per week. Remember that your child may need to use devices for their school homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, make sure you don't. Try setting house rules that the whole family abide by.

REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focussed the next day at school. 20% of teenagers said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.

LESS TIME MEANS LESS EXPOSURE

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

ENCOURAGE ALTERNATE ACTIVITIES

It may seem like an obvious solution, but encouraging children to play with their friends, read a book, or playing outdoors will help them realise they can have fun without their device. Playing football, trampolining, camping, going for a walk or swimming are all healthy replacements for screen time. Try to join them in their Outdoor activities to show your support.

MOBILE-FREE MEAL TIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how their day has been.

STATISTICS

52% of children aged 3-4 go online for nearly **9hrs** a week

82% of children aged 5-7 go online for nearly **9.5hrs** a week

93% of children aged 8-11 go online for nearly **13.5hrs** a week

99% of children aged **12-15** go online for nearly **20.5hrs** a week

Children and Parents, Media Use and Attitudes Report 2018

SOURCES: <https://www.independent.co.uk>, Children and Parents, Media Use and Attitudes Report 2018. <https://www.ofcom.gov.uk>, <http://uk.businessinsider.com> how app developers keep us addicted to our smartphones, Journal of Youth Studies. <https://www.mentalhealth.org.uk/information/news/2018/06/2018-lack-of-sleep-damaging-for-children>

www.nationalonlinesafety.com Twitter - @natonlinesafety Facebook - /NationalOnlineSafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 12.06.19

It can be challenging for parents and carers to know whether children are spending too much time on their digital devices. It's even more of a conundrum to decide whether a child is just deeply engaged with the internet and social media, or genuinely addicted to it. As technology becomes more pervasive in all of our lives, many children and young people in particular are beginning to experience tech-related dependencies. As trusted adults, do we have the right knowledge to identify and support children and young people who might be developing an addiction to their devices? In this poster, you'll find tips on avoiding potential risks such as damage to health and wellbeing, app addiction and a lack of sleep. I hope that you agree with me that the data is alarming!

RAISING STANDARDS – TRANSFORMING LIVES

Get support!



Scan the QR Code.

Young Carers Support

We are delighted to announce that we will be relaunching the support programme for young carers within Weston Favell Academy.

We will be working closely with Northampton Young Carers Service (NYCS) in assuring that our pupils are supported both at the Academy and at home.

If you believe that your child or a child within your family who is a pupil at the Academy is a young carer, please scan the QR code for more information.

Job of the Week

Judicial Law Clerk

This week, we're taking a look at the role of Judicial Law Clerks!

Each week, the Careers Team will be providing an A-Z of 'Jobs of the Week'. Watch this space for next week's job!

Leading the way!



Scan the QR Code.

Enrichment Opportunities

KS3 ENRICHMENT

KS4 ENRICHMENT

MONDAY LUNCHTIME	TUESDAY LUNCHTIME	WEDNESDAY LUNCHTIME	THURSDAY LUNCHTIME	FRIDAY LUNCHTIME
What: Boardgames Where: Library Who: Miss Howes	What: Boardgames Where: Library Who: Miss Howes	What: Boardgames Where: Library Who: Miss Howes	What: Boardgames Where: Library Who: Miss Howes	What: Boardgames Where: Library Who: Miss Howes
What: Basketball Where: Sports Hall Who: PE staff	What: Basketball Where: Sports Hall Who: PE staff	What: Basketball Where: Sports Hall Who: PE staff	What: Basketball Where: Sports Hall Who: PE staff	What: Basketball Where: Sports Hall Who: PE staff
AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL
What: Music (Choir) Where: PA2 Who: Miss Lyttle	What: Art club Where: D1 Who: Miss Rowlands	What: Dungeons & Dragons Where: Library Who: Miss Howes	What: Vokeworx Where: PA1 Who: Ms Ashcroft	What: Creative Writing Where: A5 Who: Mrs Richards
What: Boy's football (Yr 9) Where: Astro Who: Mr Lucas	What: Debating Where: A7 Who: Mr Perez		What: Spanish (Yr 9) Where: A14 Who: Ms Gark	What: Homework catch-up Where: B10 Who: Mrs Patience
What: Drama Where: Drama studio Who: Miss Williams	What: Boy's football (Yr 7) Where: Astro Who: Mr Uper		What: EAL Where: A2 Who: Mrs Cusack	
What: Prowess Where: PA5 Who: Mrs Ripley	What: Basketball Where: Sports Hall Who: Mrs Ryder-Wolf		What: Reading (Yr 9) Where: A6 Who: Miss Fullwood	
What: Dance Where: Gym Who: Miss Wiles	What: STEM Where: E4 Who: Mr Abraham		What: Reading (Yr 7) Where: A4 Who: Mrs Rogers	
What: Dance Where: Gym Who: Miss Wiles	What: Maths homework Where: B11 Who: Mrs White		What: Boy's football (Yr 8) Where: Astro Who: Mr Berrill	
What: Swimming Where: Pool Who: Ms Payne	What: Girl's football Where: Astro Who: Miss Hazel		What: Murder Mystery (Yr 8) Where: B18 Who: Miss Redfern	
			What: Trampolineing Where: Gym Who: Mrs Lemm	
			What: Swimming Where: Pool Who: Ms Payne	
			What: Journalism Where: A9 Who: Dr Annab	
			What: ECO Club Where: A12 Who: Team Geography	

MONDAY LUNCHTIME	TUESDAY LUNCHTIME	WEDNESDAY LUNCHTIME	THURSDAY LUNCHTIME	FRIDAY LUNCHTIME
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AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL
What: Music (Choir) Where: PA2 Who: Miss Lyttle	What: Art club Where: D1 Who: Miss Rowlands	What: Dungeons & Dragons Where: Library Who: Miss Howes	What: Vokeworx Where: PA1 Who: Ms Ashcroft	What: Creative Writing Where: A5 Who: Mrs Richards
What: Business (Yr 10) Where: IT3 Who: Mr Phipp	What: Debating Where: A7 Who: Mr Perez		What: EAL Where: A2 Who: Mrs Cusack	What: Homework catch-up Where: B10 Who: Mrs Patience
What: Drama Where: Drama studio Who: Miss Williams	What: IT (Yr 10) Where: IT4 Who: Mrs Francis		What: Reading (Yr 11) Where: Astro Who: Mr Last	What: Journalism Where: A9 Who: Dr Annab
What: Prowess Where: PA5 Who: Mrs Ripley	What: Boys football (Yr 11) Where: Astro Who: Mr Last		What: Girl's football Where: Astro Who: Mr Harrison	What: Boy's football (Yr 10) Where: Astro Who: Mr Harrison
What: Dance Where: Gym Who: Miss Wiles	What: Girl's football Where: Astro Who: Miss Hazel		What: Trampolineing Where: Gym Who: Mrs Lemm	What: Trampolineing Where: Gym Who: Mrs Lemm
What: Swimming Where: Pool Who: Ms Payne	What: Maths homework Where: B11 Who: Mrs White		What: Maths homework Where: B11 Who: Mrs White	What: Chess Where: Library Who: Ms Howes
	What: STEM Where: E4 Who: Mr Abraham		What: Chess Where: Library Who: Ms Howes	

Year 11 Intervention 3.15pm – 4pm

MONDAY AFTER SCHOOL	TUESDAY AFTER SCHOOL	WEDNESDAY AFTER SCHOOL	THURSDAY AFTER SCHOOL	FRIDAY AFTER SCHOOL
What: Catering Where: C1	What: Maths Higher Where: B2 and B19	What: Sports Science Where: SFP	What: Art Where: D2 & D3	What: Maths Higher 7+ Where: B10
What: English Literature Where: A8	What: English Language Where: A10	What: Music Where: PA2	What: Geography Where: A12 & A13	
What: English Literature Where: A20	What: English Language Where: A20		What: French Where: A16	
What: Maths aiming for a 5 Where: B20	What: IT (Cwk/Exs) Where: IT4		What: Triple Science Where: E5 and E8	
What: Maths Foundation Where: B2	What: Triple Science Where: E5		What: Combined Sciences Where: E1	
What: Child development Where: IT2	What: French Where: A17		What: History Where: B14 & B17	
What: DT Where: C6	What: Maths Aiming for a 4 Where: B4 and B6		What: Combined Physics Where: E4	
	What: Drama Where: PA1			

If you would like to learn more about any of our enrichment opportunities, please visit our website or scan this QR Code!



RAISING STANDARDS – TRANSFORMING LIVES



Sports Fixtures



Thursday 28th November - Year 8 Football Team

We play MAA in an away league game fixture!

Football boots/astro turf boots, shin pads and PE kits will be needed.

Kick off is at 3.45pm, please arrange lifts home for 5.30pm.



Match Report



21st October - Northampton School

This was the first fixture of the season for Year 8; they pulled together and rose to the challenge. The boys representing WFA were chosen from a large squad; Ryder, Noah, Ashley, Dereece, Kieran, Jaden, Filip, Ethan, Desmond, Karim, Hassan, Imran, Saleh Maksym, Jeffrey and our captain, Keenen.

The opponents, Northampton School, started strong in the first half; we had a strong defensive line with Ashley, Dereece, Noah and Saleh making an impact on their attack. Ryder played his debut in goal and was phenomenal, making crucial saves against impressive strikes from the opposition. We contested well for the ball with Jaden, Kieran and Karim challenging and winning ball. The first half ended 5-0 to Northampton School.

In the second half WFA came out competitive, scoring the first goal of the second half. We had dynamic, dominant runs forward from Karim and Ethan. With intellectual and confident footwork from Desmond and Filip, we gained more possession of the ball and challenged their defence.

Saleh scored our first goal with pinpoint accuracy in the box and we thoroughly deserved it. The whole second half saw many more exciting runs forward and the key tactic change of specific man-to-man defence meant that we could stifle more of the opponent's game play. With this, the ball stayed more in their half and we had an impressive three-man step over free kick outside the box. Desmond finishing with a great shot on target.

With the attacking pressure added throughout the second half, WFA were rewarded with a second goal scored by Kieran. It was a great team effort working together; the determination and energy exerted by the whole team meant that we half Northampton School to just 8 goals, 2 of which were penalties. The referee of the match was Zackery Warren and the linesmen were Jamie Mitchell and Wiktor Kowalski.

Well done to the team for putting up a united front against a high calibre opponent. Outstanding performance from Karim, our striker, who was strong at the front and a great target for his team to aim for being so strong in the air. A special mention to Keenan for showing excellent leadership qualities, his high work rate throughout the match was formidable and supportive to his team and helped them pull through.

Thank you to the 28 who attended in support, it would be amazing to see everyone at the next fixture on 28th of November against Malcolm Arnold.

Mrs Wiles - Year 8 Football Team Assistant Manager

RAISING STANDARDS – TRANSFORMING LIVES

Spanish Club



REMINDER

Hola! Afterschool Spanish Club – Year 9 Beginners Welcome!

When: Tuesdays

Time: 3:15pm–4:15pm

Location: A16

How to Join: pop by my classroom to sign up, or simply show up. We can't wait to meet you and kick off this exciting journey together!
¡Nos vemos pronto! (See you soon!)

Miss Clark (Teacher of Languages)

Eco Club



When: every Thursday 3:15pm – 4:15pm

Where: A18

Who can join: KS3 pupils

Just let your Geography teacher know you're interested in attending and they will sign you up.



Stars of the week

Year 7- Amelia G

Year 8- Miray D

Year 9- Layla R

Year 10- Layla B

Year 11- Amalia T

Sixth Form- Dylan B

Congratulations!

For your diary

Community Engagement Event

Thursday 28th November 2024

Year 9 Parents' Evening (Online)

Thursday 5th December

Sixth Form Open Evening

Thursday 12th December

Year 11 Parents' Evening (In person)

Thursday 19th December

Carol Services

Tuesday 17th December - St Peter's Church

Wednesday 18th December - St Gregory's Church

Christmas Holiday

Monday 23rd December - Friday 3rd January 2025



**Don't forget to spend your
ClassCharts points!**

RAISING STANDARDS – TRANSFORMING LIVES

Key Contacts

Safeguarding Team

Use the QR Code to meet the Safeguarding Team.



Contacting the Academy

Academy reception is open from 8:00am - 4:00pm

Tel: 01604 402121

admin@westonfavellacademy.org



Working together

Key Contacts

Year 7 Team

[Mrs A Carpenter](#)

[Miss C Novakovic](#)

Year 8 Team

[Mr C Harrison](#)

[Miss H Coyne](#)

Year 9 Team

[Mrs S Edwards](#)

[Ms A Moran](#)

Year 10 Team

[Miss S Kyle](#)

[Mrs M Parrett](#)

[Mrs N High](#)

Year 11 Team

[Mrs C Fleming](#)

[Miss N Patterson](#)

Sixth Form Team

[Mrs L Mann](#)

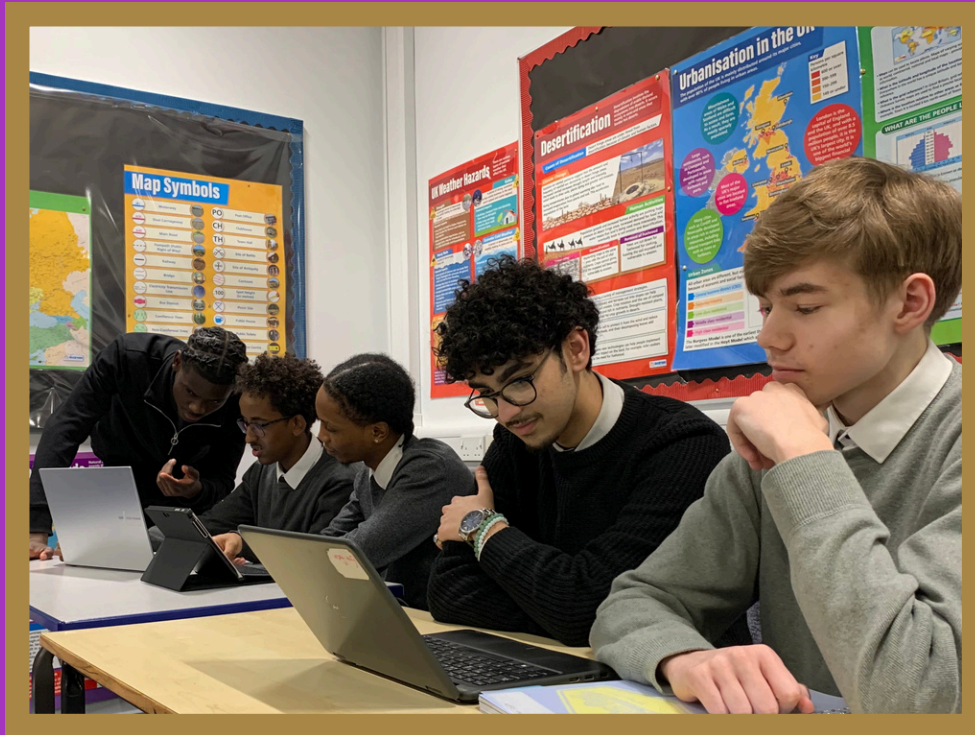
[Mrs P Souster](#)

[Mrs B Whelan](#)

We are here to help

Upcoming Events

Sixth Form Open Evening - 12th December 2024



Are you a Year 11 exploring your post-16 education options?

Visit our Sixth Form Open evening on 12th December to discover your new path to academic success.

You'll have the opportunity to find out about our curriculum, speak to current and former students about their experience and have a look around our newly converted Sixth Form Centre.

At WFA Sixth Form, we are proud of the success of our former students who have moved onto higher education at a range of amazing Universities and Apprenticeships. Our expert team specialises in helping you find your own way and we will equip you with all the necessary skills to navigate life beyond school walls.

We're excited to see you and introduce you to our way of life at Sixth Form, see you there!

RAISING STANDARDS – TRANSFORMING LIVES

Upcoming Events

Year 9 Parents' Evening - 5th December 2024



WESTON FAVELL ACADEMY

Year 9 Parents' Evening **ONLINE**

Thursday

5th

December

4pm - 7pm

Book your
appointments
NOW

[CLICK FOR HELP](#)


Ofsted
Good
Provider



Please email dhendle@westonfavellacademy.org for help booking your appointment.

RAISING STANDARDS – TRANSFORMING LIVES

Upcoming Events



Community Engagement Evening

Come and find out about Northampton's most dedicated family support services!

EVERYONE'S WELCOME!

Who's There?



... AND OTHERS!

Key Information

DATE: NOVEMBER 28TH 2024

TIME: 3:30 PM- 5.30 PM

LOCATION: WESTON FAVELL ACADEMY MAIN HALL

GOODIE BAGS FOR ALL ATTENDEES

REFRESHMENTS PROVIDED

UNIFORM SUPPORT